

DID YOU KNOW ...  
 WE SERVE ORGANIC BREAKFAST &  
 BRUNCH EVERY DAY FROM  
 OPENING THROUGH TWO O'CLOCK



LES  VINS

WINES LISTED  
 ON BACK PAGE

Summer Menu, 2017 \* 215 Church Street \* San Francisco \* Ph. (415) 552-2469 \* jm 6.28.17

**KID'S BAR**

- choice... 4.95
- MONKEY TIME**  
*Pineapple, orange, lemon*
- BEST FRIENDS**  
*Carrot, apple, lemonade*
- PINEAPPLE UPSIDE-DOWN**  
*Vanilla, pineapple, cherry*

**ICY BLENDS**

- Malts, 6.50
- Milk Shakes, 6.50
- Boston Cooler, 6.95
- Root Beer Float, 6.95
- Blushing Dream, 6.95

**DRINKS**

- Can of... Coke, Diet Coke, 7-Up, 2.75
- Fizzy Water, Lrg. / 4.50, Sm. / 2.50
- Btl Coke or Artisanal Sodas, 3.95
- Ginger Ale or Root Beer, 3.25
- Coconut Water, (8oz bottle) 3.50

**ORGANIC DRINKS**

- Iced Tea or Iced Coffee, 3.50
- Lemonade, 4.95
- Arnold Palmer, 4.75
- Raspberry Lemonade, 5.50
- Hibiscus Cooler, 4.95

**VIRGIN COCKTAILS**



- LAZY RIVER** 6.50  
*Grapefruit, pomegranate, ginger*
- SPICY TOMATO** 6.95  
*Organic tomato juice, Mary spices*
- BLOOD ORANGE COSMO** 6.95  
*Orange, cranberry, lime, vanilla*
- BERRIES & CREAM** 6.95  
*Strawberry, almond, cream*

**ORGANIC DELICIOUS JUICES**



lg. 5.95 / reg. 4.95

APPLE, ORANGE,  
 CARROT, GRAPEFRUIT  
 (Special vegetable mixes ... A.Q.)

**SQUEEZED TO ORDER !!!**

**COFFEE & TEA**



- Numi Tea, Nspire, organic ..... 3.75
- Black ~ Himalayan Darjeeling Royal Grey*
- Green ~ Jasmine Dream*
- White ~ Silver & Spice*
- Herbal ~ Moonlight Mint Rosy Chamomile*
- Chai, coconut or organic milk ..... 4.50
- Organic Coffee, Straus organic ½ & ½ ..... 3.95

**CRAFT BEER**

Short (half-pint) 4.95

- PILSNER, Napa Smith Brewery, Vallejo, CA  
*Crisp hops, subtle malts, light*
- HEFEWEIZEN, Sudwerk Brewery, Davis, CA  
*Unfiltered, slightly fruity, malty finish*
- SAISON, HenHouse, Petaluma, CA  
*Light, clean, and slightly sweet*
- IPA, Tropical Torpedo, Sierra Nevada, Chico, CA  
*Tropical & citrusy hops*
- NITRO, Red Seal Ale, North Coast Brwy., Ft. Bragg  
*Hops, malt & spicy finish*
- ROTATING HANDLE, quoted



**BOTTLED BEER**

Formidable! 6.50

- BUDWEISER, Lager, USA 4.25
- SOUR MONKEY, VICTORY BREWING, PA 7.25
- ERDINGER WEISSBRÄU, Non-Alcoholic 5.95
- OMISSION PALE ALE, Gluten-Free, OREGON 5.50
- HOEGAARDEN, BELGIUM 5.75
- CIDERBOYS, APPLE-PINEAPPLE CIDER, WI 5.50
- LITTLE SUMPIN' SUMPIN' ALE, LAGUNITAS 6.25
- SPACEDUST IPA, ELYSIAN, WA 7.25
- CHEZ PANISSE FARMHOUSE ALE, CALICRAFT (500 ML) 9.95

**DESSERTS & PIES**



(all good for sharing)

- Pies from our Bakery, selection varies A.Q.
- \* Organic Apple
- \* Cream Pie of the Day
- \* Organic Southern Pecan
- Ginger Cake, pumpkin ice cream... 8.75
- Flourless Chocolate Cake, à la mode... 8.50
- Organic Peach Cobbler, raspberries... 8.95
- Organic Ice Cream, scoop... 2.95

We are here  
to feed you !!!

We use Good Groceries.  
Menu changes seasonally.

We reserve our rights.  
Try our gift cards !!!

Sales tax is added to  
all food & drinks sold.

We recycle & compost.  
Thanks for your support for the past 20 years ...

We're here to accelerate the every day availability of affordable organic / sustainable foods ...



Summer Menu, 2017 \* 215 Church Street \* San Francisco \* Ph. (415) 552-2469 \* jm 6.28.17

## Soups,

Organic Veggie Minestrone, 5.75 / 4.50

Organic Chicken Noodle, bowl) 6.50 / cup) 5.25

## Starters, we encourage sharing ...

Goat Cheese Pot, tomato, toast, 7.50

Nachos, corn salsa, guacamole, Mexi-cream, 9.95

Arancini, summer vegetables, 6.95

Wontons, shrimp, pork, ginger-chili sauce, 9.95

Heirloom Tomato Bruschetta, stracciatella, 10.50

## Healthful Salads,

Organic Greens, strawberries, goat cheese, balsamic vin ..... large 9.95 / medium 8.25 / petite 5.95

\* Organic Caesar, romaine, reggiano, croutons, Caesar dressing ..... 10.95 / 8.95 / 6.50

Iceberg Wedge, tomato, radish, beets, creamy blue cheese dressing ..... - / 9.50 / 6.95

Organic Spinach, beets, feta, cranberries, walnuts, apple, sherry vin ..... - / 11.50 / 7.95

Organic Chopped Salad, veggies, salame, croutons, herb-parmesan dressing ..... 12.50 / 11.25 / 7.75

Thai-Style Organic Chicken Breast Salad, chili, lime, mint, herbs, peanuts ..... 14.50 / 12.75 / 8.95

\* Grilled Prawn Louis, iceberg, avocado, tomato, chives, organic egg & olives ..... 16.50 / 14.50 / 12.50

Cobb Salad, organic chicken breast, bacon, blue cheese, avocado, tomato, egg ..... 14.95 / 12.95 / 9.75

## Sandwiches, choice of Salad, Fries or Minestrone

½ Picnic-Style Sandwich, ( Quoted daily ) 6.95

Organic Veggie Burger, mushrooms, spinach, 12.50

\* Asian-Style Grilled Fish of the day, voted #1 in Bay Area! A.Q.

Wild Albacore Tuna Melt, sourdough, avocado, 13.50

\* Sustainable Fish Tacos, avo, queso fresco, salsa, 15.95

Organic Grilled Chicken BLT, avo, herbs, mayo, 15.95

Saucy Carolina-Style Pulled Pork, coleslaw, 14.95

\* Local Lamb Burger, yogurt-cucumber-mint-tzatziki, 15.95

\* Organic Burger on Organic Baguette or Soft Bun, 14.75

HOURS		
<b>FOOD</b>		
<b>BREAKFAST</b>	<b>Mon-Fri</b>	<b>8-2 pm</b>
<b>BRUNCH</b>	<b>Sat-Sun</b>	<b>8-2 ( most holidays too )</b>
<b>LUNCH</b>	<b>Mon-Sun</b>	<b>11-5</b>
<b>DINNER</b>	<b>Sun-Thurs</b>	<b>5-10 ... last order in by</b>
	<b>Fri-Sat</b>	<b>5-11</b> <small>“”</small>
<b>WINE BAR</b>	<b>Sun-Thurs</b>	<b>‘til 10 pm</b>
	<b>Fri-Sat</b>	<b>‘til 11 pm</b>

We have a “same day” table reservation system. This is a quick and easy solution... without the hassle of traditional systems.

For impromptu dining during busy hours... you can save yourself a wait by calling in ahead. We will quote the wait (if any) and give you the time that your table will be ready.

For parties of 8 or more, we take advance reservations.

When in doubt... call Chow @ (415) 552-CHOW

## Pasta & Noodles,

- Gnocchi, ricotta, spinach, tomatoes ..... entree 15.50 / medium 12.75
- Sicilian Penne, tomato, olives, anchovy, capers, chiles ..... 15.50 / 13.50
- Organic Wood-Baked Lasagna of ricotta, spinach & tomato ..... 17.50 / 14.95
- Rose’s Old-Fashioned Spaghetti & Organic Meatball(s) ..... 14.95 / 12.50
- \*Linguini with Seafood, clams, shrimp, garlic, lemon & parsley ..... 19.95 / 16.95
- Fusilli of Chicken & Sausage, mushrooms, tomato, cream, rosemary ..... 16.25 / 14.25
- Thai-Style Noodles with Steak & Chicken, peanuts, spicy lime-chili-garlic broth ..... 16.95 / 14.50
- \*Smiling Noodles of Chicken & Shrimp, veggies, spicy ginger-garlic-curry sauce ..... 15.95 / 13.50

## Pizza, 9” Wood-Oven Fired

- Cheese, tomato, 11.50
- Pepperoni, mozz, tomato, 12.75
- Veggie, tomato, corn, pesto, arugula, 14.50
- Combo, spicy salame, sausage, mushroom, 13.95
- Prosciutto, ricotta, tomato, arugula, 15.50
- Roast Chicken, bacon, blue cheese, tomato, 15.50

## Mains, most served with a different seasonal side

- \*Sustainable Seafood ..... entree/medium A.Q.
- Farmer’s Market Veggie Platter ..... 14.50
- Chicken Enchiladas, Chile Adobo ..... 17.50
- Organic Grilled Chicken, breast or half ..... A.Q.
- \*Bistro-Style Steak Frites, arugula, tomato ..... A.Q.
- Organic “Pot Roast” of Beef, veg & mash ..... 17.95

## Kid’s Menu / Organic Vegetables & Sides,

- Mac n’ Cheese, \*Organic Burger, Tuna Melt, Organic Chicken Fingers, Scrambled Eggs ... 9.75 | All served with veggie choice
- Assorted Vegetable sides, a la carte, 5.50 / Please consult with your server for additional vegetables to our menu...

\*Eating raw or undercooked fish, shellfish, eggs or meat may increase risk of foodborne illness.

# WINES

## MIXED DRINKS

WINE MOJITO, Albariño, mint, soda .....	7.95
MIMOSA, Prosecco, organic orange juice .....	9.50
SABÉ MARGARITA, Sabé blanco, lime, agave .....	10.75
SAKE BLOODY MARY, Kumosabé Sake, house spicy tomato .....	10.95



## STARS IN A BOTTLE

BORTOLOTTI, <i>Glera</i> , Prosecco, Valdobbiadene, Italy, NV	5	9	38
BILLECART-SALMON, <i>Chardonnay, PN, PM</i> , Brut Reserve, Champagne, France, NV, 375 mL	--	--	29
SCHRAMSBERG, <i>Pinot Noir, Chardonnay</i> , Brut Rosé, Napa Valley, California, '14	7	11	55

Taste	Glass	Bottle
3 OZ	5.50 OZ	
5	9	38
--	--	29
7	11	55

## WHITE & ROSÉ

### WINE OF THE DAY

HOUSE, <i>Chardonnay</i> , Mi Terruño, Argentina, '16 (Sustainable)	6	9	27
BIDAIA, <i>Txakoli</i> , Getariako Txakolina, Spain, '16 (Sustainable)	9	12	43
GÉRARD BERTRAND, <i>Grenache Gris &amp; Grenache, Rosé</i> , Languedoc-Roussillon, France, '16 (Sustainable)	7	10	35
MT. BEAUTIFUL, <i>Sauvignon Blanc</i> , New Zealand, '15 (Sustainable)	7	10	35
NAVARRO, <i>Chardonnay</i> , Mendocino, California, '14	8	11	39
DOMAINE FEUILLAT-JUILLOT, <i>Chardonnay</i> , Montagny 1er Cru, France, '14 (Sustainable)	11	15	57
GRGICH HILLS, <i>Fumé Blanc</i> , Napa Valley, California, '14 (Organic & Sustainable)	10	14	53
MIGRATION, <i>Chardonnay</i> , Russian River Valley, California, '14	9	12	43
STOLPMAN, <i>Roussanne</i> , Ballard Canyon, California, '14 (Organic)	9	12	43

Taste	Glass	Bottle
3.75 OZ	6 OZ	
A.Q.	A.Q.	A.Q.
6	9	27
9	12	43
7	10	35
7	10	35
8	11	39
11	15	57
10	14	53
9	12	43
9	12	43

## RED

### WINE OF THE DAY

HOUSE, <i>Cabernet Sauvignon</i> , Los Morros, Central Valley, Chile, '15 (Sustainable)	6	9	27
FOSSIL POINT, <i>Pinot Noir</i> , Edna Valley, California, '15 (Sustainable)	7	10	35
ALVARO CASTRO, <i>Red Blend</i> , Dão, Portugal, '13 (Biodynamic & Sustainable)	7	10	35
RADIO-COTEAU, <i>Pinot Noir</i> , 'La Neblina', Sonoma Coast, California, '13 (Organic)	12	16	61
GREEN & RED VINEYARD, <i>Zinfandel</i> , Chiles Canyon Vineyards, Napa, California, '14 (Sustainable)	8	13	48
DONATI, <i>Cabernet Sauvignon</i> , Paicines, California, '13 (Sustainable)	9	12	43
MONTICELLO, <i>Merlot</i> , Napa Valley, California, '13 (Sustainable)	10	14	53
RIDGE, <i>Zinfandel</i> , East Bench, Dry Creek Valley, California, '15 (Organic)	11	15	57
BLACKBIRD ARISE, <i>Red Blend</i> , Napa Valley, California, '13 (Sustainable)	12	16	61

A.Q.	A.Q.	A.Q.
6	9	27
7	10	35
7	10	35
12	16	61
8	13	48
9	12	43
10	14	53
11	15	57
12	16	61